

Understanding PPCs



What are PPCs?

PPCs are the Planned Programme Content of a skater's programme. It is a list of elements that the skater intends to perform.

Skaters entering competitions in grades Pre-Elementary and higher are required to enter their Planned Programme Content (PPCs) on to the NZIFSA website in the Members' Area. Once skaters are TC registered (have a Test and Competition Number), they will also have a login to the New Zealand Ice Figure Skating Association (NZIFSA) website. Kiwiskate grade skaters (who are not required to be TC registered) need to submit a paper copy of their PPCs with their entry form. DISC Development grades are not required to fill in PPCs. This link takes you to a blank copy that to be filled out and handed in with the entry form.

<http://www.nzifsa.org.nz/competitions/2016comps/DunedinInfo/PPC%20Singles%20and%20Pairs.pdf>

Do I have to fill in my PPC?

Yes. At the beginning of each competitive season, skaters need to fill in their PPCs. It facilitates the judging process and speeds up the announcement of results.

Will I still be able to compete if I forget to fill in or update my PPC?

Yes. However it creates extra work for our judges and officials who do these roles voluntarily.

Do I have to stick to the PPC that I have entered?

No. Your coach may make changes to your programme after you entered your PPCs, for example on the day of the competition or shortly before the day. This is not a problem.

How do I fill in my PPC?

Go to this link → <http://www.nzifsa.org.nz/members/mynzifsa/> to fill in your PPC.

This online form also requires the discipline (singles, pairs, dance, synchronised), the grade (pre-elementary, juvenile, senior etc) and the name of the piece of music skated to. Note: only grades Novice and higher have a Short Programme and a Freeskate Programme. Everyone else has a Freeskate Programme only. Pictured on the next page is an example of mine as if I were an Elementary skater. Once you have entered the details and elements, you need to click Save and Verify as Current. Before each competition, at the time that a skater submits their entry form, they need to "Verify as Current". Even if their coach has made no changes to their programme since they last competed, this still must be done. This is so that score sheets for the judges can be created. If skaters forget to do this, the results will be slower to be announced/displayed as the programme content has to be entered into the judging system on the computer manually.

The screenshot shows a web browser window with the URL www.nzifsa.org.nz/members/mynzifsa/ppc.php. The page title is "Change My PPCs". On the left is a navigation menu with items like "News & Reports", "Information & FAQs", "Rules & Regulations", "Forms", "Members' Area", "Members' Forums", "Coaches", "Competitions", "Tests", "Links", "About the NZIFSA", and "Contact Us". The main content area includes a "[Download User Guide]" link, a message stating "This PPC was last changed/verified on 31/08/2014." and a red warning: "Your PPC information is out of date, please make changes and save or verify this PPC as current." Below this are dropdown menus for "PPC for:" (Nicki Holtz), "Discipline:" (Singles), "Grade:" (Elementary), and "Programme:" (Free). The "FS Music:" field contains "Cavalleria Rusticana" with a "what's this?" link. There are 14 "Element" dropdown menus. Element 1 is "1T (Single Toeloop)", Element 2 is "1S (Single Salchow)", Element 3 is "CoSp (Combination Spin)", Element 4 is "StSq (Step Sequence)", Element 5 is "1F (Single Flip)" with a "+ 1Lo (Single Loop)" dropdown, Element 6 is "1F (Single Flip)", Element 7 is "USp (Upright Spin)", and Elements 8-14 are empty. At the bottom are "Save", "Verify as Current", and "Cancel" buttons.

Below is a list of common elements that skaters may have in their programmes in Kiwiskate, Pre-Elementary, Elementary and Juvenile grades. Higher grades will also include more difficult elements with other codes.

PPC Element Codes	
<u>Jumps</u> A = Axel no value (Waltz jump) 1T = Single Toeloop 1S - Single Salchow 1Lo = Single Loop 1F = Single Flip 1Lz = Single Lutz 1A = Single Axel 2S = Double Salchow 2T = Double Toeloop	<u>Spins</u> USp = Upright Spin SSp = Sit Spin CSp = Camel Spin CoSp = Combination Spin CUSp - Change foot Upright Spin CSSp = Change foot Sit Spin CCSp = Change foot Camel Spin CCoSp = Change foot Combination Spin <u>Other</u> StSq = Step Sequence

The coaches and other experienced skaters will be able to help you.

For those of you are interested in learning more about the jumps (they all tend to look very much the same), have a look at these videos where Michael Weiss (former US champion) shows and explains each jump in detail. <http://www.monkeysee.com/play/2327-ice-skating-how-to-perform-the-six-basic-jumps>

Nicki Holtz
Competition Secretary
Dunedin Ice Skating Club